

Build the -at family

Change the first letter. Keep the ending. Blend, read and write.

1 Build and read four words

<div>c</div>	<div>a</div>	<div>t</div>	<div>h</div>	<div>a</div>	<div>t</div>
READ cat			READ hat		
<div>m</div>	<div>a</div>	<div>t</div>	<div>r</div>	<div>a</div>	<div>t</div>
READ mat			READ rat		

2 Circle this family

hat	fog
jog	rat
mat	cat
hug	ten

3 Fill the first letter

cat	<div></div>	<div>a</div>	<div>t</div>
hat	<div></div>	<div>a</div>	<div>t</div>
mat	<div></div>	<div>a</div>	<div>t</div>
rat	<div></div>	<div>a</div>	<div>t</div>

4 Change one letter

cat	→ use h	<div></div>
mat	→ use r	<div></div>

5 Read, cover, write

cat	<div></div>
hat	<div></div>
mat	<div></div>
rat	<div></div>

6 Unscramble this family

t c a	<div></div>
t h a	<div></div>
t m a	<div></div>
t r a	<div></div>

Build the -en family

Change the first letter. Keep the ending. Blend, read and write.

1 Build and read four words

<div>h</div>	<div>e</div>	<div>n</div>	<div>p</div>	<div>e</div>	<div>n</div>
READ hen			READ pen		
<div>t</div>	<div>e</div>	<div>n</div>	<div>m</div>	<div>e</div>	<div>n</div>
READ ten			READ men		

2 Circle this family

log	pen
men	hat
cat	hen
pit	ten

3 Fill the first letter

hen	<div></div>	<div>e</div>	<div>n</div>
pen	<div></div>	<div>e</div>	<div>n</div>
ten	<div></div>	<div>e</div>	<div>n</div>
men	<div></div>	<div>e</div>	<div>n</div>

4 Change one letter

hen	→ use p	<div></div>
ten	→ use m	<div></div>

5 Read, cover, write

hen	<div></div>
pen	<div></div>
ten	<div></div>
men	<div></div>

6 Unscramble this family

n h e	<div></div>
n p e	<div></div>
n t e	<div></div>
n m e	<div></div>

Build the -it family

Change the first letter. Keep the ending. Blend, read and write.

1 Build and read four words

<div>s</div>	<div>i</div>	<div>t</div>	<div>h</div>	<div>i</div>	<div>t</div>
READ sit			READ hit		
<div>k</div>	<div>i</div>	<div>t</div>	<div>p</div>	<div>i</div>	<div>t</div>
READ kit			READ pit		

2 Circle this family

pit	hat
mug	hit
jug	bug
sit	kit

3 Fill the first letter

sit	<div></div>	<div>i</div>	<div>t</div>
hit	<div></div>	<div>i</div>	<div>t</div>
kit	<div></div>	<div>i</div>	<div>t</div>
pit	<div></div>	<div>i</div>	<div>t</div>

4 Change one letter

sit	→ use h	<div></div>
kit	→ use p	<div></div>

5 Read, cover, write

sit	<div></div>
hit	<div></div>
kit	<div></div>
pit	<div></div>

6 Unscramble this family

t s i	<div></div>
t h i	<div></div>
t k i	<div></div>
t p i	<div></div>

Build the -og family

Change the first letter. Keep the ending. Blend, read and write.

1 Build and read four words

<div>d</div>	<div>o</div>	<div>g</div>	<div>l</div>	<div>o</div>	<div>g</div>
READ dog			READ log		
<div>f</div>	<div>o</div>	<div>g</div>	<div>j</div>	<div>o</div>	<div>g</div>
READ fog			READ jog		

2 Circle this family

jog	cat
fog	mug
dog	log
kit	sit

3 Fill the first letter

dog	<div></div>	<div>o</div>	<div>g</div>
log	<div></div>	<div>o</div>	<div>g</div>
fog	<div></div>	<div>o</div>	<div>g</div>
jog	<div></div>	<div>o</div>	<div>g</div>

4 Change one letter

dog	→ use l	_____
fog	→ use j	_____

5 Read, cover, write

dog	_____
log	_____
fog	_____
jog	_____

6 Unscramble this family

g d o	_____
g l o	_____
g f o	_____
g j o	_____

Build the -ug family

Change the first letter. Keep the ending. Blend, read and write.

1 Build and read four words

<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">b</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">u</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">g</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">h</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">u</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">g</div>
READ bug			READ hug		
<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">j</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">u</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">g</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">m</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">u</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">g</div>
READ jug			READ mug		

2 Circle this family

dog	bug
hen	jug
mug	kit
hug	rat

3 Fill the first letter

bug	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;"></div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">u</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">g</div>
hug	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;"></div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">u</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">g</div>
jug	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;"></div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">u</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">g</div>
mug	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;"></div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">u</div>	<div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 2px;">g</div>

4 Change one letter

bug	→ use h	<div style="border-bottom: 1px solid black; width: 100px;"></div>
jug	→ use m	<div style="border-bottom: 1px solid black; width: 100px;"></div>

5 Read, cover, write

bug	<div style="border-bottom: 1px solid black; width: 150px;"></div>
hug	<div style="border-bottom: 1px solid black; width: 150px;"></div>
jug	<div style="border-bottom: 1px solid black; width: 150px;"></div>
mug	<div style="border-bottom: 1px solid black; width: 150px;"></div>

6 Unscramble this family

g b u	<div style="border-bottom: 1px solid black; width: 150px;"></div>
g h u	<div style="border-bottom: 1px solid black; width: 150px;"></div>
g j u	<div style="border-bottom: 1px solid black; width: 150px;"></div>
g m u	<div style="border-bottom: 1px solid black; width: 150px;"></div>

Sort the word families

Read every word in the bank. Write it under its two-letter ending.

WORD BANK / use each word once

log	ten	jog	fog	mat
hen	hat	jug	hug	rat
mug	hit	pit	dog	pen
bug	kit	men	cat	sit

–at family

–en family

–it family

–og family

–ug family

Change one letter

Replace the first letter only. Keep the last two letters. Read the new word.

1

cat

change to h

 a t

2

hen

change to p

 e n

3

sit

change to h

 i t

4

dog

change to l

 o g

5

bug

change to h

 u g

6

mat

change to r

 a t

7

ten

change to m

 e n

8

kit

change to p

 i t

9

fog

change to j

 o g

10

jug

change to m

 u g

Listen and spell

A grown-up says each word from the key on page 14. Write one letter per box.

1	<input type="text"/>	<input type="text"/>	<input type="text"/>
3	<input type="text"/>	<input type="text"/>	<input type="text"/>
5	<input type="text"/>	<input type="text"/>	<input type="text"/>
7	<input type="text"/>	<input type="text"/>	<input type="text"/>
9	<input type="text"/>	<input type="text"/>	<input type="text"/>
11	<input type="text"/>	<input type="text"/>	<input type="text"/>
13	<input type="text"/>	<input type="text"/>	<input type="text"/>
15	<input type="text"/>	<input type="text"/>	<input type="text"/>
17	<input type="text"/>	<input type="text"/>	<input type="text"/>
19	<input type="text"/>	<input type="text"/>	<input type="text"/>

2	<input type="text"/>	<input type="text"/>	<input type="text"/>
4	<input type="text"/>	<input type="text"/>	<input type="text"/>
6	<input type="text"/>	<input type="text"/>	<input type="text"/>
8	<input type="text"/>	<input type="text"/>	<input type="text"/>
10	<input type="text"/>	<input type="text"/>	<input type="text"/>
12	<input type="text"/>	<input type="text"/>	<input type="text"/>
14	<input type="text"/>	<input type="text"/>	<input type="text"/>
16	<input type="text"/>	<input type="text"/>	<input type="text"/>
18	<input type="text"/>	<input type="text"/>	<input type="text"/>
20	<input type="text"/>	<input type="text"/>	<input type="text"/>

Reusable word-building mat

Choose an ending card. Change the first letter to make another real word.

FIRST LETTER	TWO-LETTER ENDING

Blend the three sounds. Read the whole word.

SAY IT

Point to each letter, then read smoothly.

WRITE IT

CHANGE IT

READ AGAIN

Point to each letter, then read smoothly.

Letter and ending cards

A grown-up cuts the card borders. No tiny inside cuts or assembly are needed.



72 × 66 pt first-letter cards and 210 × 65 pt ending cards fit the mat.

Five families / twenty words

Use this chart as a clue. Put it away when trying the mixed reviews.

-at family

c a t

h a t

m a t

r a t

-en family

h e n

p e n

t e n

m e n

-it family

s i t

h i t

k i t

p i t

-og family

d o g

l o g

f o g

j o g

-ug family

b u g

h u g

j u g

m u g

Grown-up reading guide

One short practice session at a time. Model together, then let the child try.

IS YOUR CHILD READY?

Suggested ages 5–7 with support, when common letter sounds are familiar and the child is beginning to blend simple three-sound words.

Use lowercase letters, short vowels, and sounds rather than letter names.

START WITH ONE FAMILY

Pages 1–5 practise –at, –en, –it, –og and –ug. There are four words each.

Point to the three letters. Say each sound, blend, then read the whole word.

The focus page includes models. Cover the model before writing if ready.

CHANGE THE START, KEEP THE END

Changing c in cat to h gives hat. Only the first letter changes.

Encourage sounding out, not guessing from the family ending alone.

Explain unfamiliar words in a short sentence, e.g. fog makes it hard to see.

THEN TRY MIXED PRACTICE

Page 6 sorts all 20 words; page 7 gives ten one-letter changes.

Page 8 is listening dictation. Use the numbered list on page 14.

Read each word naturally, use a sentence if needed, then repeat the word.

OPTIONAL CUTOUTS

A grown-up cuts page 10. The initial and ending cards fit the page 9 mat.

Cards combine in many ways: keep real words from the reference chart.

No cutouts are needed for the pencil-and-paper practice pages.

Answers / focus pages

Find positions run left to right, then down. Each family has four real words.

–at: cat, hat, mat, rat

2) circle positions 1, 4, 5, 6

3) first letters c, h, m, r 4) hat, rat

5–6) cat, hat, mat, rat (in the displayed row order).

–en: hen, pen, ten, men

2) circle positions 2, 3, 6, 8

3) first letters h, p, t, m 4) pen, men

5–6) hen, pen, ten, men (in the displayed row order).

–it: sit, hit, kit, pit

2) circle positions 1, 4, 7, 8

3) first letters s, h, k, p 4) hit, pit

5–6) sit, hit, kit, pit (in the displayed row order).

–og: dog, log, fog, jog

2) circle positions 1, 3, 5, 6

3) first letters d, l, f, j 4) log, jog

5–6) dog, log, fog, jog (in the displayed row order).

–ug: bug, hug, jug, mug

2) circle positions 2, 4, 5, 7

3) first letters b, h, j, m 4) hug, mug

5–6) bug, hug, jug, mug (in the displayed row order).

Answers / mixed practice

For listening dictation, cover this page while the child writes on page 8.

PAGE 6 / SORT THE WORDS

–at: cat, hat, mat, rat

–en: hen, pen, ten, men

–it: sit, hit, kit, pit

–og: dog, log, fog, jog

–ug: bug, hug, jug, mug

PAGE 7 / ONE-LETTER CHANGES, ROWS 1–10

hat, pen, hit, log, hug, rat, men, pit, jog, mug

PAGE 8 / LISTENING DICTATION

01 cat

02 hat

03 mat

04 rat

05 hen

06 pen

07 ten

08 men

09 sit

10 hit

11 kit

12 pit

13 dog

14 log

15 fog

16 jog

17 bug

18 hug

19 jug

20 mug

Reusable mat: choose a first letter and ending that make a chart word.